

The information in the table below is taken from the [Cambridgeshire PSHE](#) Curriculum Framework

Year Group	Reception 4-5 years old	Year 1 and Year 2 5-7 years old	Year 3 and Year 4 7-9 years old	Year 5 and Year 6 9-11 years
Learning Questions	<ul style="list-style-type: none"> • What does my body look like? • Who is a trusted adult? • How can I keep myself clean? • When can I say no? • How can I keep myself safe? 	<ul style="list-style-type: none"> • What are the main parts of my body? • When am I in charge of my body and my actions? • What are my responsibilities now that I am growing up? • What is a stable and loving family? 	<ul style="list-style-type: none"> • How are male and female bodies different? • When and to whom can we talk to about our bodies changing? • How do different people create secure and loving environments for children? 	<ul style="list-style-type: none"> • What are male and female sexual parts called and what are their functions? • How can I talk about bodies confidently and appropriately? • What happens to different bodies at puberty? • What might influence my view of my body? • What should adults think about before they have children? • Why might people get married or become civil partners? • What are different families like?
Topic Vocabulary	<ul style="list-style-type: none"> • Size • Shape • Range of simple external body parts e.g. hands, head, teeth • Penis • Testicles • Vulva / vagina • Bottom 	<ul style="list-style-type: none"> • Birth • Death • Range of more specific external body parts e.g. stomach, chest 	<ul style="list-style-type: none"> • Breast • Nipple • Anus • Scrotum 	<ul style="list-style-type: none"> • Puberty • Period • Menstruation • Cervix • Labia • Fallopian tube • Clitoris • Ovary/ ovum • Vulva/ vagina • Uterus/womb • Sperm/sperm duct • Urethra • Pubic hair • Voice breaking • Arousal • Erection • Sexual intercourse • Sex • Ejaculate • Conception • Pregnancy • Ovulation