

The information in the table below is taken from the [Cambridgeshire PSHE](#) Curriculum Framework

Year Group	Reception 4-5 years old	Year 1 and Year 2 5-7 years old	Year 3 and Year 4 7-9 years old	Year 5 and Year 6 9-11 years
Learning Questions	- What does my body look like? - Who is a trusted adult? - How can I keep myself clean? - When can I say no? - How can I keep myself safe?	- What are the main parts of my body? - When am I in charge of my body and my actions? - What are my responsibilities now that I am growing up? - What is a stable and loving family?	- How are male and female bodies different? - When and to whom can we talk to about our bodies changing? - How do different people create secure and loving environments for children?	- What are male and female sexual parts called and what are their functions? - How can I talk about bodies confidently and appropriately? - What happens to different bodies at puberty? - What might influence my view of my body? - What should adults think about before they have children? - Why might people get married or become civil partners? - What are different families like?
Topic Vocabulary	- Size - Shape - Range of simple external body parts e.g. hands, head, teeth - Penis - Testicles - Vulva / vagina - Bottom	- Birth - Death - Range of more specific external body parts e.g. stomach, chest	- Breast - Nipple - Anus - Scrotum	- Puberty - Period - Menstruation - Cervix - Labia - Fallopian tube - Clitoris - Ovary/ ovum - Vulva/ vagina - Uterus/womb - Sperm/sperm duct - Urethra - Pubic hair - Voice breaking - Arousal - Erection - Sexual intercourse - Sex - Ejaculate - Conception - Pregnancy - Ovulation