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-  Only 20 children in the pool at any one time
-  Only Pupils at school and those in pre-school can use the pool for Family Swimming sessions
-  Enter and exit the pool by the steps only
-  Enter the pool backwards using the steps
-  Only 1 child on the steps at a time
-  Swim hats must be worn at all times
-  No jewellery / watches in the pool
-  If you have an open wound (still bleeding or not sealed over) you should not enter the pool
-  If you have had sickness or diarrhoea you must not enter the pool for a two week period (14 days)
-  Verrucas must be covered with a waterproof plaster or water sock
-  Walk in the pool area at all times
-  Do not sit on the pool edge
-  Goggles may be worn
-  No food or drink in the pool area
-  No jumping or diving allowed
-  Only adults are allowed on the teaching platform
-  Use the portaloo if you need to go to the toilet