

The information in the table below is taken from the [Cambridgeshire PSHE](#) Curriculum Framework

Year Group	Reception 4-5 years old	Year 1 and Year 2 5-7 years old	Year 3 and Year 4 7-9 years old	Year 5 and Year 6 9-11 years
Learning Questions	<ul style="list-style-type: none"> What does my body look like? Who is a trusted adult? How can I keep myself clean? When can I say no? How can I keep myself safe? 	<ul style="list-style-type: none"> What are the main parts of my body? When am I in charge of my body and my actions? What are my responsibilities now that I am growing up? What is a stable and loving family? 	<ul style="list-style-type: none"> How are male and female bodies different? When and to whom can we talk to about our bodies changing? How do different people create secure and loving environments for children? 	<ul style="list-style-type: none"> What are male and female sexual parts called and what are their functions? How can I talk about bodies confidently and appropriately? What happens to different bodies at puberty? What might influence my view of my body? What should adults think about before they have children? Why might people get married or become civil partners? What are different families like?
Topic Vocabulary	<ul style="list-style-type: none"> Size Shape Range of simple external body parts e.g. hands, head, teeth Penis Testicles Vulva / vagina Bottom 	<ul style="list-style-type: none"> Birth Death Range of more specific External body parts e.g. stomach, chest 	<ul style="list-style-type: none"> Breast Nipple Anus Scrotum 	<ul style="list-style-type: none"> Puberty Period Menstruation Cervix Labia Fallopian tube Clitoris Ovary/ ovum Vulva/ vagina Uterus/womb Sperm/sperm duct Urethra Pubic hair Voice breaking Arousal Erection Sexual intercourse Sex Ejaculate Conception Pregnancy Ovulation